

The Resilient Brain

Neuroscience & Disease

7th CiBB Retreat

22 May, 2025

Biocant Park



CiBB is an FCT-funded R&D Unit (UID/04539/2020) and an Associate Laboratory (LA/0058/2020)

22 May
Biocant Park
Auditorium

The
Resilient
Brain

- 9:30 – 10:00Registration
- 10:00 – 10:30Opening session
Luis Pereira Almeida (CNC-UC President, CiBB Coordinator), Ana Luísa Carvalho (CNC-UC, CiBB Neuroscience & Disease Coordinator), Cantanhede town hall representative, Ana Luísa Cardoso, Henrique Alves & Sandra Morais Cardoso (Organizing Committee)
- 10:30 – 11:30Keynote Talk | The Science of Brain Resilience: Lessons from Neuroscience
Christian Keysers (Netherlands Institute for Neuroscience – Master the Mind)
Chair: Henrique Alves (iCBR-FMUC, CiBB, FMUC)
- 11:30 – 12:00Coffee Break
- 12:00 – 12:30Spotlight Session | Inspiring Neuroscientists
Cláudia Cavadas (CNC-UC, CiBB, FFUC), Rui Costa (CNC-UC, CiBB), Elisabete Ferreiro (CNC-UC, CiBB)
Chair: Sandra Morais Cardoso (CNC-UC, CiBB, FMUC)
- 12:30 – 14:00Networking Lunch
- 14:00 – 15:00Panel Discussion | Building Resilience in Research Careers
Panelists: Christian Keysers (Netherlands Institute for Neuroscience), Cláudia Melo (UpC3), Carolina Cabaços (Desmente, CHUC)
Moderators: Ana Luísa Cardoso (CNC-UC, CiBB), Sandra Morais Cardoso (CNC-UC, CiBB, FMUC)
- 15:00 – 16:15Yoga & Mindfulness Session
Susana Barraca, Aida Vitorino
- 16:15 – 17:15Award Presentation | Best Neuroscience Paper 2024–2025
Host: Henrique Alves (iCBR-FMUC, CiBB, FMUC)
- 17:15 – 17:45Coffee Break
- 17:45 – 18:30Musical Session | Harmonies of Healing: The Resilient Brain Through Music
Desmente (Carolina Cabaços, Mário Carneiro e Raquel Sousa)
- 18:30 – 18:45Closing Reception
Host: Ana Luísa Cardoso (CNC-UC, CiBB)
- 18:45Interactive Icebreaker | Building Connections, Building Resilience
Wine Tasting